

VISION

BY THE NUMBERS

According to the Vision Council of America, **about 75% of all adults** use some form of vision correction (i.e. glasses, contacts).

4.6 Million Americans are visually impaired or blind.

Chronic dry eyes can be inconvenient and painful. In fact, chronic dry eye disease can **cause eye damage** and even effect your vision.



Be careful when using eyelash extensions! In a recent study **nearly 98% of women who used faux lashes** experienced dry eyes, itchy and/or swollen eyelids, a burning sensation in the eye, or discharge of pus. The adhesive can be irritating to the eye, collect dirt, as well as cause unnatural tear production.

Both children and adults should have eye exams **every single year**.

Eyes heal very quickly! In fact, the healthy human eye only **takes about 48 hours** to totally heal from corneal damage.



80% of all vision problems in the world are preventable or curable.

The **eye muscles are the most active** muscle group in your body.



Diet, diabetes, high blood pressure, water intake, and smoking can all

For more information about vision care or to find out how we can help you maintain your vision, talk to your provider during your next appointment or log onto www.RHMPI.com today!