

DIABETES

BY THE NUMBERS

30.3 Million Americans are **currently diagnosed** as having diabetes.



Every 21 seconds someone in America is diagnosed with diabetes.

84 million Americans have **prediabetes** and are **at risk for developing diabetes**... 90% don't know they have it!



African-Americans and Hispanics are **50% more likely** to **develop diabetes** than non-Hispanic whites.

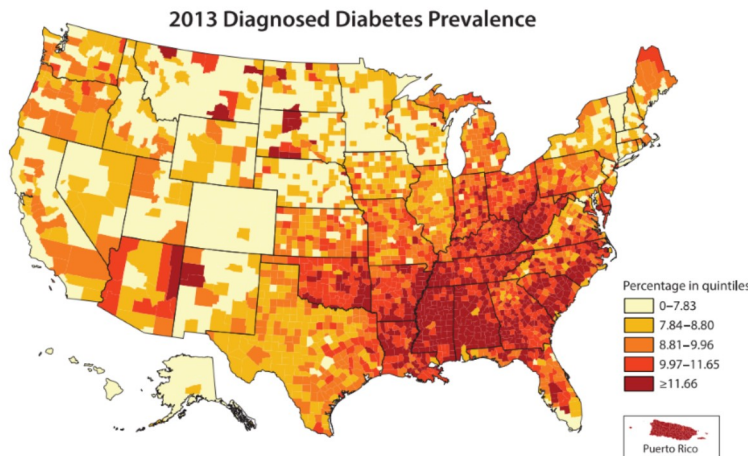


Diabetes and prediabetes **costs Americans** **over \$322 billion** each year.

People with diabetes have **healthcare costs** nearly **2.3 times** more expensive than those without.

Having diabetes can **increase your risk** of stroke, blindness, kidney disease, and loss of limbs and organs.

EAT FRESH.
GET MOVING.
JOIN US!
www.RHMPI.com
STOP DIABETES.



Data source: United States Diabetes Surveillance System.



For more information about diabetes or to find out your risk, talk to your provider during your next appointment or log onto www.RHMPI.com today!